

# RESIDENT ENERGY CONSERVATION PROGRAM (RECP)

## MCAS Yuma, AZ

### Energy Saving Tips for Housing Residents

#### Heating Tips

- Take advantage of free solar heat - keep blinds open in the day to let in sun, close them at night to hold in the heat.
- Replace filter in heating unit at least once a month.
- Set thermostat at 68 degrees, 2-3 degrees lower if you'll be away from the house for several hours.
- Close fireplace flue when not in use.
- Use warm clothes, blankets, etc. to feel warmer.
- Caulk/weather strip around doors and windows. It's inexpensive, and it can significantly reduce drafts and improve comfort.
- Turn off exhaust fans and lights immediately after use.
- Use ceiling fans ("backwards") to circulate warm air down from the ceiling.
- Cooking helps heat your home - but don't use the oven as a primary heat source.
- Have your heat pump or furnace serviced at least once annually.

#### Cooling Tips

- Control solar heat - keep windows shaded to keep out direct sun.
- Replace filter in air conditioning unit at least once a month.
- Set thermostat at 78-80 degrees, 2-3 degrees higher if you'll be away from the house for several hours.
- Use ceiling fans to make your home feel cooler.
- Turn off all unnecessary lights and appliances - they add heat to your home.
- Do cooking and other heat producing chores during cooler parts of the day (morning or evening).
- Turn off exhaust fans and lights after use.
- Ask the property manager to service the A/C at least once a year

#### Water Heating Tips

- Use low flow fixtures/faucet aerators.
- Don't let hot water run when shaving, doing dishes, etc. Fill the sink.
- Do only full loads of wash. An average load of clothes takes 25-30 gallons of water.
- Use cold or warm water wash instead of hot to save.

#### Lights/Appliances

- Turn off when not in use.
- Use compact fluorescent or LED lamps instead of traditional light bulbs.