



*Celebrate*  
**NEW YEAR'S**  
*day*

A SPECIAL MENU DESIGNED TO CELEBRATE THE NEW YEAR

**G Shrimp Cocktail**

1 Serving = Calories: 129, Fat: 1.5,  
Cholesterol: 174, Sodium: 1063

**Y Cream of Broccoli Soup**

1 Cup = Calories: 136, Fat: 6.3,  
Cholesterol: 13, Sodium: 732

**Y Grilled Steaks**

1 Steak = Calories: 282, Fat: 12.7,  
Cholesterol: 112, Sodium: 94

**R Fried Chicken**

2 Pieces = Calories: 456, Fat: 22.5,  
Cholesterol: 144, Sodium: 553

**R Barbecued Spareribs**

7oz = Calories: 589, Fat: 40.3,  
Cholesterol: 161, Sodium: 887

**G Hopping John**

2/3 cup = Calories: 139, Fat: 2.4,  
Cholesterol: 4, Sodium: 438

**Y Candied Sweet Potatoes**

1/2 cup = Calories: 188, Fat: 3.9,  
Cholesterol: 10, Sodium: 226

**Y Sautéed Mushrooms & Onions**

1/4 Cup = Calories: 75, Fat: 5.7,  
Cholesterol: 15, Sodium: 183

**G Baked Beans**

1/2 Cup = Calories: 182, Fat: 3,  
Cholesterol: 12, Sodium: 690

**R Southern Style Greens**

1/2 cup = Calories: 107, Fat: 5.8,  
Cholesterol: 15, Sodium: 327

**Y Cornbread**

1 Piece = Calories: 213, Fat: 6.2,  
Cholesterol: 1, Sodium: 417

**Y Dinner Roll**

2 rolls = Calories: 215, Fat: 4.5,  
Cholesterol: 35, Sodium: 396

**R Sweet Potato Pie**

1 Slice = Calories: 251, Fat: 10.2,  
Cholesterol: 29, Sodium: 204

**Assorted Fruit Pies**

1 Slice = Calories: VARIES, Fat: VARIES,  
Cholesterol: VARIES, Sodium: VARIES

CREATED THROUGH A JOINT EFFORT BETWEEN

the MARINE CORPS + SODEXO