



# DRUG DEMAND REDUCTION PROGRAM

## 4<sup>th</sup> Quarter Training Descriptions



### **SUBSTANCE ABUSE CONTROL OFFICER (SACO) TRAINING.**

This 40-hour course is provided to all newly appointed SACOs, Substance Abuse Control Officers, and Urinalysis Program Coordinators. Drug Demand Reduction Program offers this training once a quarter, or more often as might be needed to best accommodate Commanders' needs to

have their unit substance abuse "duty experts" complete this required training within the specified 90-day period.

Attendees must be appointed in writing by their Commanding Officer.

**DATES: JULY 21-25 and SEPTEMBER 15-19, 2014 (0800-1600)**

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### **Drug Testing Coordinator and Observer Training:**

This 2-hour training session is provided to squadron/unit drug testing coordinators and observers and Navy's Urinalysis Program Coordinators (UPC).

This training provides the attendees with the knowledge of the correct procedures required to collect, package, and ship drug testing samples to the

appropriate drug screening laboratory. Training materials are provided.

Attendees must be appointed in writing by their Commanding Officer.

**DATES: AUGUST 19, 2014 or UPON REQUEST BY THE SACO (TIME: TBD)**

To sign up for the training, please follow the link below:

**<http://www.yuma.usmc-mccs.org/index.cfm/military-family/ddrp/ddrp-trainings>**



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**Stages of Addiction**

THIS 3-HOUR VERY INTERACTIVE TRAINING WILL TAKE YOU ON A JOURNEY "STEP-BY-STEP" ON THE STAGES OF ADDICTION FROM CASUAL USE TO DEPENDENCY.

IT IS DESIGNED FOR LEADERS TO IDENTIFY "HIGH RISK" BEHAVIORS DISPLAYED BY MARINES AND SAILORS.

How to tell if your Marine or Sailor has a problem with drinking or drugs:

- Do you worry about your Marine/Sailor's drinking/drug use?
- Does your Marine/Sailor refuse to discuss his/her drinking/drug use?
- Does your Marine/Sailor ever make excuses for drinking/drug use?
- Have you ever made excuses for the way your Marine/Sailor behaved while drinking/using?

To schedule this class for your Unit, please contact the Drug Demand Reduction Program Coordinator at  
Virgil.tapisipan@usmc.mil

SEATING IS LIMITED TO 20 per SESSION

**PROCESS OF ADDICTION:** This 4-hours training explores the stages of substance use from non-involvement to dependent involvement. Attendees learn about the risks and consequences of substance use and addictive behavior. Helping attendees to recognize the stages or levels of involvement in substance use, and addressing the facts and feelings associated with substance use, may promote behavior change or healthy decision making

**DATES: JULY 15, 2014 @ Bldg conference room (0800-1100)**

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**UPPERS  
DOWNERS  
ALL AROUNDERS**

Darryl S. Inaba, Pharm.D.  
William E. Cohen

PHYSICAL AND MENTAL EFFECTS OF PSYCHOACTIVE DRUGS

SIXTH EDITION  
Includes Student study Guide CD ROM

### UPPERS, DOWNERS & ALL-AROUNDERS:

This 4-hour training looks at the most current and comprehensive information on the physiology and sociology of drugs and compulsive behaviors. The training is open to all active duty personnel, DoD personnel, and civilian employee.

**DATES: AUGUST 12, 2014 at Bldg conference room (0800-1100)**

To sign up for the training, please follow the link below:

<http://www.yuma.usmc-mccs.org/index.cfm/military-family/ddrp/ddrp-trainings>



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### Anabolic Steroid Effects

- Increased muscle mass
- Increased confidence & aggressiveness
- Mood elevation
- Anger
- Tendon & bone damage
- Cystic acne
- Masculinization of women
- Breast enlargement in men
- Genital size reduction
- Liver cancer

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### OPEN DISCUSSION: STEROID AND

**SUPPLEMENTS:** The discussion will cover illegal steroids and so-called “legal alternatives” to steroid to most commonly used pre- and post-workout Supplements. This forum is OPEN TO ALL interested.

**DATES: JULY17, 2014 @ Bldg conference room (1330-1500)**

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### CURRENT ISSUES IN DRUG ABUSE:

This training looks at the most current and comprehensive information on the latest issues in drug abuse from Marijuana, prescription medication to over-the-counter (OTC) drugs. The training is open to all active duty personnel, DoD personnel, and civilian employee.

**DATES: AUGUST 7, 2014 at Bldg conference room (1330-1500)**

To sign up for the training, please follow the link below:

<http://www.yuma.usmc-mccs.org/index.cfm/military-family/ddrp/ddrp-trainings>



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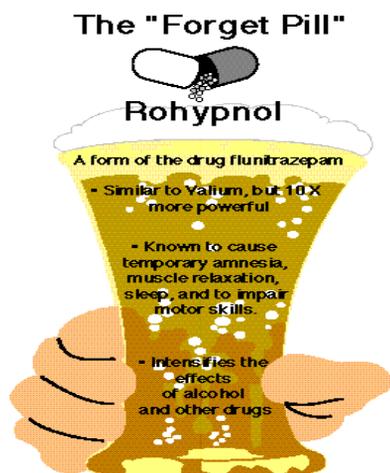
**DRUGGED DRIVING:** DID YOU KNOW THAT IF YOU DRIVE IMPAIRED BY DRUGS - EVEN IF YOU HAVE A PRESCRIPTION - YOU WILL BE ARRESTED FOR DUI ? ? ? The use of any psychoactive (mind-altering) drug makes it highly unsafe to drive a car and is illegal—just like driving after drinking alcohol.

This 1.5 hour brief will cover:

1. Commonly abused prescription medications and synthetic drugs.
2. Prescription safety/use and abuse.
3. Arizona Statutes on drugged driving

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**DATES: AUGUST 21, 2014 @ Bldg conference room (0830-1000)**



### CLUB DRUGS AND SEXUAL ASSAULT:

This training is a collaborative effort between DDR and Sexual Assault Program. It covers different club drugs used by the perpetrator and what you need to do if you are sexually assaulted under the influence. This training is open to everyone.

**DATES: SEPTEMBER 4, 2014 at Bldg conference room (1330-1500)**

To sign up for the training, please follow the link below:

<http://www.yuma.usmc-mccs.org/index.cfm/military-family/ddrp/ddrp-trainings>